

# DAILY ACTIVITIES

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	7:15a Group Cycle	8:00a Arcade Lounge (8a-midnight)	7:15a Group Cycle	7:15a Group Cycle
8:30a Scenic Cycling Tour	9:00a Sailing & Shelling Tour	8:30a Scenic Cycling Tour	8:00a Arcade Lounge (8a-midnight)	8:30a Scenic Cycling Tour	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)
9:00a Sailing & Shelling Tour	Adult Tennis Clinic	9:00a Sailing & Shelling Tour	8:30a Body Sculpt	9:00a Sailing & Shelling Tour	8:30a Yoga Stretch	8:30a Scenic Cycling Tour
Group Cycle	9:15a Parasailing	Adult Tennis Clinic	9:00a Sailing & Shelling Tour	9:15a Parasailing	9:00a Sailing & Shelling Tour	Body Sculpt
Adult Tennis Clinic	10:00a Tiki Tribe for Kids	Guided Plant Tour	Adult Tennis Clinic	10:00a Tiki Tribe for Kids	Adult Tennis Clinic	9:00a Sailing & Shelling Tour
9:15a Parasailing	Waverunner Tour	9:15a Parasailing	9:15a Parasailing	10:00a Tiki Tribe for Kids	9:15a Parasailing	9:15a Parasailing
10:00a Tiki Tribe for Kids	10:30a Family Bingo	10:00a Tiki Tribe for Kids	9:30a Pilates	Waverunner Tour	9:30a Cardio Sculpt	9:30a Pilates
Waverunner Tour	Parasailing	10:30a Guitar Hero	10:00a Tiki Tribe for Kids	10:30a Guitar Hero	10:00a Tiki Tribe for Kids	10:00a Tiki Tribe for Kids
10:15a Yoga	11:45a Parasailing	Parasailing	Waverunner Tour	Parasailing	Waverunner Tour	Waverunner Tour
10:30a Nintendo Wii	12:00p Sailing & Shelling Tour	11:45a Parasailing	10:30a Nintendo Wii	11:00a Calusa Dolphin Watch	10:30a Coloring Contest	10:30a Nintendo Wii
Parasailing	12:30p Waverunner Tour	12:00p Sailing & Shelling Tour	Parasailing	11:45a Parasailing	Parasailing	Parasailing
11:00a Calusa Dolphin Watch	1:15p Face Painting	12:30p Waverunner Tour	Yoga	12:00p Sailing & Shelling Tour	Parasailing	11:45a Parasailing
11:45a Parasailing	1:30p Parasailing	1:15p Pucker Powder (\$)	11:45a Parasailing	12:30p Waverunner Tour	12:00p Sailing & Shelling Tour	12:00p Sailing & Shelling Tour
12:00p Sailing & Shelling Tour	2:30p Pucker Powder (\$)	1:30p Parasailing	12:00p Sailing & Shelling Tour	1:15p Arts and Crafts	12:30p Waverunner Tour	12:30p Waverunner Tour
12:30p Waverunner Tour	3:00p Sailing & Shelling Tour	2:30p Arts and Crafts	12:30p Waverunner Tour	1:30p Parasailing	1:15p Pucker Powder (\$)	1:15p Arts and Crafts
1:15p Coloring Contest	3:15p Paint a Sundae Dish (\$)	3:00p Sailing & Shelling Tour	1:15p Pucker Powder (\$)	2:30p Pucker Powder (\$)	1:30p Parasailing	1:30p Parasailing
1:30p Parasailing		3:15p Sand Art (\$)	1:30p Parasailing	3:00p Sailing & Shelling Tour	2:30p Wacky Beach Games	2:30p Pucker Powder (\$)
2:30p Pucker Powder (\$)		4:30p Group Cycle	2:30p Face Painting	3:15p Paint Mini Surfboard (\$)	3:00p Sailing & Shelling Tour	3:00p Sailing & Shelling Tour
3:00p Sailing & Shelling Tour			3:00p Sailing & Shelling Tour	5:00p Group Cycle	3:15p Paint a Piggy Bank (\$)	3:00p Live Entertainment
3:15p Stuff a Buddy (\$)			3:15p Stuff a Buddy (\$)			6:00p Live Entertainment
6:00p Live Entertainment						8:00p DIVE-IN MOVIE: "Tinkerbell"
8:00p DIVE-IN MOVIE: "Peter Pan"						

## WATER ADVENTURES

**Sailing & Shelling Tour:** 6-passenger catamaran takes you to discover some of the world's finest seashells. Dolphins, manatees and sea turtles are often seen. 2-½ hours, leaves directly from our beach (weather permitting). Bottled water included. (Reservations: Ext. 2740)

**Calusa Dolphin Watch:** Journey along the Gulf of Mexico aboard a 49-passenger Corinthian catamaran. (Approx. 2-1/2 hours) (Res: Ext. 2983)

**Calusa Spirit Sunset Cruise:** View a spectacular Marco Island sunset! (Available for groups of (15) or more by appointment only: Ext. 2983)

**Parasailing:** Soar with the eagles over Marco Island. Lift off and land directly on a 10-passenger PARA-TOUR winch boat. (Reservations: Ext. 2983)

**Wave Runner Tour:** 1-hour journey into the 10,000 islands of the Everglades with a professionally trained guide. Catch glimpses wildlife native to the area. (Reservations: Ext. 2983)

## FITNESS

**Adult Tennis Clinic:** Daily topics include Modern Forehand, Transition Game, Net Play and Playing Zones. All levels welcome. (Tennis Courts)

**Personal Training Session:** One-hour sessions designed to motivate while assisting in achieving physical fitness. (Call extension 2645 for more info)

**FITNESS CLASSES BELOW ARE HELD AT THE RESORT SPA**  
(Please call extension 2686 for reservations. Attendance requires the purchase of a \$30 Spa Day Pass.)

**Body Sculpt:** Tone and sculpt your body with fitballs, hand weights, resistance bands.

**Cardio Blast:** Get your heart rate pumping with this interval training class.

**Cardio Sculpt:** Condition your heart rate and tone your entire body in this combo class.

**Group Cycle:** Indoor stationary cycling. Experience hills, flat terrains and jumps using sitting and standing positions. All levels.

**Pilates:** Strengthen torso, legs and arms with mini balls and resistance bands.

**Tai Chi:** Graceful moving meditation promoting energy, balance and relaxation.

**Yoga:** Union of body, mind and spirit. Increase body awareness and reduce stress. Celebrate the joyful movements of the spine.

**Yoga Stretch:** Engaging in exercise and sport activities can shorten muscles - come stretch them out in this fun class!

## KIDS & FAMILY FUN

**Arts & Crafts:** Create your own souvenirs and crafts ages 5-12. (Tiki Tribe room) ♦

**Coloring Contest:** Do you think you can color the best? (Tiki Tribe room) ♦

**Create a Souvenir:** Take home a home-made souvenir. Sand Art, Painting Sand Dollars, Souvenir Painting, Stuff A Buddy. Fees apply for these activities. (Tiki Tribe Room)

**Guitar Hero / Nintendo Wii:** Join us to get your groove on (Tiki Tribe Room) ♦

**Dive in Movie:** Enjoy an evening swim and a great family movie. (Tiki Pool) ♦

**Face Painting:** Choose your favorite designs and colors. (Tiki Tribe Room) ♦

**Family Bingo:** Join us for a few games of BINGO for prizes. (Tiki Tribe Room) ♦

**Glitter Tattoos:** Take a walk on the wild side! All ages. By appointment only, call extension 2740.

**Hair Braiding and Beads:** Have your hair braided, island style! By appointment only, call extension 2740.

**Pucker Powder:** Candy art with colored sugars. Fee applies. (Tiki Tribe Room)

**Tiki Tribe Kid's Program:** Designed for ages 5-12. Open seven days a week. \$70.00 per child, includes lunch. (\$60.00 each additional child from the same family). (Tiki Tribe Room) Please call extension 2740 to register or for more info.

**Wacky Beach Games:** Join us for fun beach games... Bocce Ball, Hoop Toss, Kickball, Dodgeball to name a few! (Marriott Beach Hut) ♦

## EDUCATIONAL

**Scenic Cycling Tours:** Join us for a fact filled 2-1/2 hr. bike tour of Marco Island. Ages 5 & over. Helmets provided (Call Concierge at ext. 2649 for more info)

**Guided Sub-Tropical Plant Tour:** Guided stroll identifying the variety of plants on our lush resort grounds. (Quinn's Pool Hut) ♦

## ENTERTAINMENT

**Live Entertainment:** Listen to one of our local entertainers. Quinn's on the Beach, and Kurrents Restaurant (Fridays & Saturdays) ♦



♦ Denotes complimentary activities

**TURTLE ALERT!**  
May 1-Oct 31



**DID YOU KNOW:**  
Marco Island's Beach is Vital Habitat for Loggerhead Sea Turtles Survival

**IT'S THE LAW - KEEP THE BEACH DARK!**  
To comply, we have reduced our beach lighting - PLEASE BE CAREFUL!

**You Can Help Save The Sea Turtles!**  
1...Close all black out drapes in your room by 9:00 p.m. each night.  
2...Turn out the lights in your room when not in use.  
3...Do not disturb turtles, turtle eggs, or nests on our beach.

**Closed on Tuesdays through September**

Resort-private course nestled in a spectacular nature preserve! Generous fairways, oversized greens! Tee time: Dial 2630

Personalized instruction for all levels of golf. See Concierge for details.

**A great place to catch a game!**

**QUINN'S POOL CABANAS**  
Enjoy the day poolside in one of our private cabanas

**To reserve your cabana, dial extension 2293 or (239) 825-5099**

**Resort Shops**

**SWEETWATERS Ladies Boutique**  
Daily: 10a - 5p

**CROSSWINDS Men's clothing, accessories**  
Daily: 10a - 5p

**SURF & SAND Gifts, souvenirs, sundries**  
Sunday - Thursday: 7a - 8p  
Friday & Saturday: 7a - 9p

**the spa**

**Spa By Design Package \$220**

Choice of two 50-Minute Spa Services  
Per person, Per Day

To schedule your spa treatment, dial 2686

**VACATION PORTRAITS**

Reserve your beach portrait session today and receive a free 8x10 portrait - what a great souvenir!

**(239) 331-5271**

**FOR YOUR SAFETY!**  Coolers and glass containers are not permitted on the pool decks or on our beach  Resort staff periodically verify names and room numbers of guests.  STING RAY ALERT! Please shuffle your feet and use caution when entering water.  Please exit beach and pool areas when thunder and lightning are present.  Rollerblades, skateboards, roller shoes, scooters, & bicycles are not permitted on the hotel property.  Reserving lounge chairs at pools is not permitted.