



# DAILY ACTIVITIES (Jan 28 - Feb 3, 2012)

SATURDAY	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	7:15a Group Cycle	7:00a Tai Chi on the Lawn	7:15a Group Cycle	7:15a Group Cycle
8:30a Scenic Cycling Tour	9:00a Sailing & Shelling Tour	8:30a Scenic Cycling Tour	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)	8:00a Arcade Lounge (8a-midnight)
9:00a Sailing & Shelling Tour	Adult Tennis Clinic	9:00a Sailing & Shelling Tour	8:15a Group Cycle	8:30a Scenic Cycling Tour	8:30a Body Sculpt	8:15a Group Cycle
Adult Tennis Clinic	10:00a Tiki Tribe for Kids	Adult Tennis Clinic	9:00a Sailing & Shelling Tour	9:00a Sailing & Shelling Tour	9:00a Sailing & Shelling Tour	8:30a Scenic Cycling Tour
Group Cycle	10:30a Parasailing	Zumba	Adult Tennis Clinic	10:00a Tiki Tribe for Kids	Adult Tennis Clinic	9:00a Sailing & Shelling Tour
10:00a Tiki Tribe for Kids	Paint a Sand Dollar (\$)	Guided Plant Tour	Body Sculpt	Cardio Blast	Pilates Fusion	10:00a Tiki Tribe for Kids
Pilates	11:00a Waverunner Tour	10:00a Tiki Tribe for Kids	10:00a Tiki Tribe for Kids	10:30a Parasailing	10:00a Tiki Tribe for Kids	10:30a Parasailing
10:30a Parasailing	11:45a Parasailing	10:30a Parasailing	10:30a Parasailing	Paint a Sand Dollar (\$)	10:30a Parasailing	Cardio Blast
Spin Art (\$)	12:00p Sailing & Shelling Tour	Sand Art (\$)	Yogalates	Waverunner Tour	10:30a Parasailing	Paint a Magnet (\$)
11:00a Calusa Dolphin Watch	1:00p Family Bingo	Waverunner Tour	Paint a Piggy Bank (\$)	Pilates	11:00a Calusa Dolphin Watch	11:00a Waverunner Tour
Waverunner Tour	1:30p Parasailing	11:45a Parasailing	Waverunner Tour	Parasailing	Waverunner Tour	11:30a Outdoor Yoga!
Body Sculpt	2:00p Waverunner Tour	12:00p Sailing & Shelling Tour	11:45a Parasailing	Arts and Crafts	11:45a Parasailing	11:45a Parasailing
Parasailing	2:45p Parasailing	1:00p Arts and Crafts	12:00p Sailing & Shelling Tour	Parasailing	11:45a Parasailing	12:00p Sailing & Shelling Tour
Sailing & Shelling Tour	3:00p Sailing & Shelling Tour	1:30p Parasailing	1:00p Face Painting	Waverunner Tour	12:00p Sailing & Shelling Tour	1:00p Arts and Crafts
1:00p Coloring Contest	3:15p Stuff a Buddy - Tiki Deck (\$)	2:00p Waverunner Tour	Parasailing	2:00p Waverunner Tour	1:30p Parasailing	1:30p Parasailing
1:30p Parasailing	4:00p Parasailing	2:45p Parasailing	Waverunner Tour	2:45p Parasailing	2:00p Waverunner Tour	2:00p Waverunner Tour
Weekly Golf Clinic	5:30p Live Entertainment	3:00p Sailing & Shelling Tour	2:00p Waverunner Tour	Sailing & Shelling Tour	1:30p Family Bingo	2:45p Parasailing
Waverunner Tour		3:15p Color a Pillowcase	2:45p Parasailing	Color a Backpack - Tiki Deck (\$)	2:00p Waverunner Tour	3:00p Sailing & Shelling
2:00p Parasailing		Tiki Deck (\$)	3:00p Sailing & Shelling Tour	Parasailing	3:00p Sailing & Shelling Tour	3:15p Noodle Races - Tiki Pool
2:45p Parasailing		Parasailing	3:15p Pucker Powder (\$)	Group Cycle	3:15p Pucker Powder (\$)	4:00p Parasailing
3:00p Sailing & Shelling Tour		4:00p Parasailing	4:00p Parasailing	Zumba	4:00p Parasailing	4:00p Parasailing
3:15p Noodle Races - Tiki Pool		5:30p Live Entertainment	5:30p Live Entertainment	Live Entertainment	3:15p Pucker Powder (\$)	5:30p Live Entertainment
4:00p Parasailing		Group Cycle			4:00p Parasailing	6:30p DIVE-IN MOVIE:
Tie Dye - Tiki Pool Deck (\$)					5:30p Live Entertainment	"Charlie and the Chocolate Factory"
5:30p Live Entertainment						
6:30p DIVE-IN MOVIE:						
"High School Musical 2"						

## REVERENCE FOR NATURE!

**Sailing & Shelling Tour:** 6-passenger catamaran takes you to discover some of the world's finest seashells. Dolphins, manatees and sea turtles are often seen. 2-½ hours, leaves directly from our beach at 9:00am, noon, and 3:00pm (weather permitting). Bottled water included. (Reservations: Ext. 2740)

**Calusa Dolphin Watch:** Journey along the Gulf of Mexico aboard a 49-passenger Corinthian catamaran. (Approx. 2-1/2 hours) (Res: Ext. 2983)

**Parasailing:** Soar with the eagles over Marco Island. Lift off and land directly on a 10-passenger PARA-TOUR winch boat. (Reservations: Ext. 2983)

**Wave Runner Tour:** 1-1/2 hour journey into the 10,000 islands of the Everglades with a professionally trained guide. Catch glimpses wildlife native to the area. (Reservations: Ext. 2983)

## BALANCE!

**Adult Tennis Clinic:** Daily topics include Modern Forehand, Transition Game, Net Play and Playing Zones. All levels welcome. (Tennis Courts)

**Weekly Golf Clinic:** Topics include full swing, pitching, putting. Register at extension 2747 or 2106. Classes fill up quickly. (Rookery at Marco)

**Personal Training Session:** One-hour sessions designed to motivate while assisting in achieving physical fitness. (Call extension 2645 for more info)

### FITNESS CLASSES BELOW ARE HELD AT THE RESORT SPA

Call extension 2686 for reservations.

Attendance requires the purchase of a \$35 Spa Day Pass.

**Body Sculpt:** Tone and sculpt your body with fitballs, hand weights, resistance bands.

**Cardio Blast:** Condition your heart rate and tone your entire body in this combo class.

**Group Cycle:** Indoor stationary cycling. Experience hills, flat terrains and jumps using sitting and standing positions. All levels.

**Pilates Fusion:** Strengthen torso, legs and arms with mini balls and resistance bands.

**Tai Chi:** Graceful moving meditation promoting energy, balance and relaxation. Outdoors on the lawn (weather permitting)

**Yoga:** Union of body, mind and spirit. Increase body awareness and reduce stress. Celebrate the joyful movements of the spine.

**Yogalates:** Combines the ancient discipline of yoga with modern pilates techniques.

**Outdoor Yoga:** Get in tune with body and nature in this refreshing class. Meet at Spa Lobby.

**Zumba:** Latin-inspired dance fitness class that has spread across the world.

## PLAYING IN PARADISE!

**Arts & Crafts:** Create your own souvenirs and crafts ages 5-12. (Tiki Tribe room) ♦

**Coloring Contest:** Do you think you can color the best? (Tiki Tribe room) ♦

**Create a Souvenir:** Take home a self-made souvenir. Sand Art, Paint Souvenirs, Stuff A Buddy, Spin Art, etc. Fees apply for these activities. (Tiki Tribe Room)

**Nintendo Wii:** Join us to get your groove on (Tiki Tribe Room) ♦

**Dive In Movie:** Enjoy an evening swim and a great family movie. (Tiki Pool) ♦

**Face Painting:** Choose your favorite designs and colors. (Tiki Tribe Room) ♦

**Family Bingo:** Join us for a few games of BINGO for prizes. (Tiki Tribe Room) ♦

**Glitter Tattoos:** Take a walk on the wild side! All ages. (Call extension 2649 to schedule an appointment)

**Hair Braiding and Beads:** Have your hair braided, island style! (Call extension 2649 to schedule an appointment)

**Pucker Powder:** Candy art with colored sugars. Fee applies. (Tiki Tribe Room or Tiki Pool Terrace)

**Tiki Tribe Kid's Program:** Designed for ages 5-12. Open seven days a week. \$70.00 per child, includes lunch. (\$60.00 each additional child from the same family). (Tiki Tribe Room) Please call extension 2649 to register or for more info.

## NATURAL BEAUTY

**Scenic Cycling Tours:** Join us for a fact filled 2-1/2 hr. bike tour of Marco Island. Ages 5 & over. Helmets provided (Call Concierge at ext. 2649 for more info - 24 hour advance notice is required)

**Guided Sub-Tropical Plant Tour:** Guided stroll identifying the variety of plants on our lush resort grounds. (Quinn's Pool Hut)

## LIVING WELL!

**Live Entertainment:** Listen to one of our local entertainers. Quinn's the Beach, and Kurrents Restaurant



## Special Recreation Offers

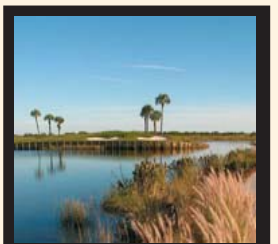
**MONDAY - Cabana Capers!** We are offering our poolside cabana rentals for half price (See Cabana Concierge for reservations)

**TUESDAY - Need Some Shade?** Rent a beach umbrella for \$12 ...and take a break from the sun (Marriott Beach Hut)

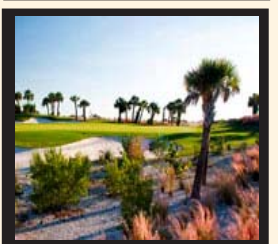
**WEDNESDAY - Relax on the Beach!** Lounge all day under a beachside chickee hut for half price (Marriott Beach Hut)

**THURSDAY - Sailing and Shelling!** Experience our signature sailing and shelling tour and receive a 25% discount (Call extension 2740 for reservations)

Two stunning "Resort-Private" courses where golf and nature are coupled in perfect harmony.



Rookery at Marco  
Tee time: Dial 2630



Hammock Bay  
Tee time: Dial 6611

Rookery at Marco  
Weekly Golf Clinic

Saturdays  
1:30 p.m.  
\$25 per person

1-hour clinic will cover different topic each week  
- full swing  
- pitching  
- putting

Call for more information,  
ext. 2747  
(or) 2106

It's New!

DON'T FORGET YOUR TOWEL CARD!



Please present your towel card to the pool hut attendant to receive your pool towels

A great place to catch a game!



### QUINN'S POOL CABANAS

Enjoy the day poolside in one of our private cabanas

To reserve your cabana, dial extension 2293 or (239) 825-5099

**the spa**  
Spa By Design Package \$230  
Choice of two 50-Minute Spa Services Per person, Per Day  
To schedule your spa treatment, dial 2686

**Boutique Shops**  
**SWEETWATERS Ladies Boutique** Daily: 10a - 5p  
**CROSSWINDS Men's clothing, accessories** Daily: 10a - 5p  
**SURF & SAND Gifts, souvenirs, sundries** Daily: 7a - 9p  
**JEWELRY BY LAURA** Daily: 10a - 6p

## FOR YOUR SAFETY!

- Coolers and glass containers are not permitted on the pool decks or on our beach
- Resort staff periodically verify names and room numbers of guests.
- Reserving lounge chairs at pools is not permitted.

♦ Denotes complimentary activities