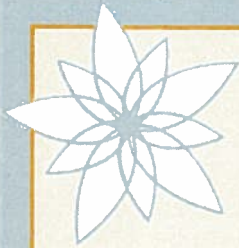




BREAKFAST MENU

(Menu Items Subject To Change)



Good Morning!

classics

Includes juice, coffee, tea, milk or soda

GOOD START BREAKFAST

Oatmeal, cold cereal, or homemade granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin 16.95

ALL AMERICAN BREAKFAST

Two eggs any style with crisp hash browns. Choose bacon, ham steak, sausage or Canadian bacon and toast, bagel or muffin 18.95

GOOD START BUFFET

Oatmeal, assorted cereals, or homemade almond granola, fresh fruit and your choice of breakfast breads 16.95

ALL AMERICAN BUFFET

The GOOD START plus eggs cooked to order and a selection of breakfast meats 20.95

Omelets

Served with hash browns

SPINACH, BACON, CHEDDAR 15.95

AVOCADO, SALSA, MONTEREY JACK 15.95

CRABMEAT, ASPARAGUS, BRIE 17.95

'fit' for you

(food to fit your lifestyle)

GRILLED RIBEYE STEAK

(hi-protein)

Two eggs (*your way*), grilled tomatoes 18.95

EGG WHITE FRITTATA

(low fat)

Shallots, mushrooms, spinach, salsa and cilantro 14.95

CRUNCHY GRILLED FRENCH TOAST

(low cholesterol)

Whole wheat bread dipped in cholesterol-free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup 14.95

FRESH FRUIT PLATTER

(low fat)

Served with honey yogurt 12.50



signatures

CARMELIZED BANANA PANCAKES

Candied walnuts, honey butter 14.95

ALMOND CHALLAH FRENCH TOAST

Peach compote, raspberries 14.95

BANANA OATMEAL CRÈME BRÛLÉE

Oatmeal topped with fresh sliced bananas and custard with a caramelized sugar crust 10.95

CRABMEAT AND SWEET POTATO HASH

Poached eggs, chipotle hollandaise 14.95



specialties

TRADITIONAL EGGS BENEDICT

Canadian bacon and hollandaise, served with hash browns 17.95

FAST FARE

Two eggs scrambled with diced ham, served with double hash browns, toast, bagel or muffin 15.95

SMOKED SALMON

Toasted bagel and cream cheese 16.95

BREAKFAST CLUB SANDWICH

Large grilled sourdough English muffin with eggs, bacon, cheddar cheese and sliced tomatoes. Served with hash browns 15.95

The following include a choice of bacon, sausage, ham or Canadian bacon:

FRENCH TOAST 13.95

PANCAKES 13.95

BELGIAN WAFFLE 13.95

beverages

Fresh Squeezed Orange Juice 3.95

Fresh Squeezed Grapefruit Juice 3.95

Apple, Cranberry or Pineapple Juice 2.95

Vegetable or Tomato Juice 2.95

Coffee, Decaffeinated Coffee, Tea  2.50

Milk, Chocolate Milk, Hot Chocolate 2.50

Cappuccino or Latte 3.50

Soft Drinks 2.25

20% Gratuity will be added for parties of (8) or more