



## **BREAKFAST MENU**

(Menu items subject to change)



# Good Morning!

## classics

*Includes juice, coffee, tea, milk or soda*

### GOOD START BREAKFAST

Oatmeal, cold cereal, or homemade granola with fresh berries or bananas, skim milk and your choice of toast, bagel or muffin 16.95

### ALL AMERICAN BREAKFAST

Two eggs any style with crisp hash browns. Choose bacon, ham steak, sausage or Canadian bacon and toast, bagel or muffin 18.95

### GOOD START BUFFET

Oatmeal, assorted cereals, or homemade almond granola, fresh fruit and your choice of breakfast breads 16.95

### ALL AMERICAN BUFFET

The GOOD START plus eggs cooked to order and a selection of breakfast meats 21.95

## Omelets

*Served with hash browns*

**SPINACH, BACON, CHEDDAR** 15.95

**AVOCADO, SALSA, MONTEREY JACK** 15.95

**CRABMEAT, ASPARAGUS, BRIE** 17.95

## 'fit' for you

*(food to fit your lifestyle)*

### GRILLED RIBEYE STEAK

*(hi-protein)*

Two eggs (*your way*), grilled tomatoes 18.95

### EGG WHITE FRITTATA

*(low fat)*

Shallots, mushrooms, spinach, salsa and cilantro 14.95

### CRUNCHY GRILLED FRENCH TOAST

*(low cholesterol)*

Whole wheat bread dipped in cholesterol-free eggs and crushed corn flakes. Served with fresh fruit and reduced calorie syrup 14.95

### FRESH FRUIT PLATTER

*(low fat)*

Served with honey yogurt 12.50



## signatures

### CARMELIZED BANANA PANCAKES

Candied walnuts, honey butter 14.95

### ALMOND CHALLAH FRENCH TOAST

Peach compote, raspberries 14.95

### BANANA OATMEAL CRÈME BRÛLÉE

Oatmeal topped with fresh sliced bananas and custard with a caramelized sugar crust 10.95

### CRABMEAT AND SWEET POTATO HASH

Poached eggs, chipotle hollandaise 14.95



## specialties

### TRADITIONAL EGGS BENEDICT

Canadian bacon and hollandaise, served with hash browns 17.95

### FAST FARE

Two eggs scrambled with diced ham, served with double hash browns, toast, bagel or muffin 15.95

### SMOKED SALMON

Toasted bagel and cream cheese 16.95

### BREAKFAST CLUB SANDWICH

Large grilled sourdough English muffin with eggs, bacon, cheddar cheese and sliced tomatoes. Served with hash browns 15.95

*The following include a choice of bacon, sausage, ham or Canadian bacon:*

**FRENCH TOAST** 13.95

**PANCAKES** 13.95

**BELGIAN WAFFLE** 13.95


## beverages

**Fresh Squeezed Orange Juice** 3.95

**Fresh Squeezed Grapefruit Juice** 3.95

**Apple, Cranberry or Pineapple Juice** 2.95

**Vegetable or Tomato Juice** 2.95

**Coffee, Decaffeinated Coffee, Tea**  2.50

**Milk, Chocolate Milk, Hot Chocolate** 2.50

**Cappuccino or Latte** 3.50

**Soft Drinks** 2.50

*20% Gratuity will be added for parties of (8) or more*