



LUNCH MENU
(11:00 a.m. - 2:00 p.m.)

(Menu Items Subject to Change)

Restaurant Specialty!

APPETIZERS

* No Trans Fats in these bread products

- SPINACH AND ARTICHOKE DIP** 8.95
Creamed fresh spinach and artichoke hearts, topped with melted parmesan cheese and served with tri-colored tortilla chips.
- CHICKEN TENDERS** 8.95
Fried crispy brown and served with honey mustard sauce or BBQ sauces.
- KEY LIME CALAMARI** 9.95
Lightly breaded, flash fried and served with pomodoro sauce, finished with a dash of lime, garlic and dill.

SOUPS & SALADS

- MARCO ISLAND SEAFOOD CHOWDER** 5.75
Our House Specialty! With oyster crackers.
- ONION SOUP GRATINÉ** 5.25
Traditional style, onions pan roasted to a golden brown, topped with a garlic crouton and provolone and swiss cheeses.
- SOUP DU JOUR** 4.25
Prepared fresh daily, ask your server for today's selection.
- GULF COAST COBB** 13.75
Chopped Romaine served with Gulf crabmeat, Bay shrimp, black olives, crumbled bleu cheese, vine ripened tomatoes, bacon and avocado. Tossed in our House peppercorn dressing.
- TWO WAY CAESAR** 8.95
Romaine hearts, Bermuda onion, aged parmesan, house-made croutons and port wine garlic Caesar dressing
...with grilled chicken ... 11.00 *[Carb Conscious]*
- ASIAN CHICKEN SALAD** 11.00
Chopped garden greens with sesame ginger dressing, topped with julienne sweet pepper and water chestnuts, toasted almonds and grilled breast of chicken...with marinated shrimp ... 13.00
- BAJA CHICKEN SALAD** 11.00
Grilled chicken marinated in Southwest spices. Served atop chopped greens with fire roasted corn salsa, sour cream drizzle and tortillas ...with marinated shrimp ... 13.00

- HOUSE SALAD** 4.75
Mixed garden greens with your choice of dressing.
- TROPICAL FRUIT DELIGHT** 11.00
Golden pineapple, honeydew and cantaloupe mixed with lychee nuts, watermelon and seasonal berries, served with yogurt dressing. *[Low Fat, Low Cholesterol]*

[Low carb Dijon Mustard Dressing and Balsamic Vinaigrette are available upon request]

DESSERTS

- KEY LIME PIE...4.25 ESPRESSO CRÈME BRULÉE...4.50 FRESH BERRIES OF THE DAY...4.25
HÄAGEN DAZS MILKSHAKE...4.25 RASPBERRY LINZERTORTE...5.25 TROPICAL FRUIT TARTE...5.25
Chocolate, Vanilla or Strawberry

- WHITE CHOCOLATE RASPBERRY TRUFFLE CHEESECAKE** 6.25
from The Cheesecake Factory®

For Special Dietary Needs, Please Ask Your Server

20% Gratuity will be added for parties of (8) or more

- CHICKEN WINGS** 8.95
Our wings served three ways...BBQ, Mild or HOT!
- SOUTHWEST CHICKEN QUESADILLA** 9.95
A grilled flour tortilla, stuffed with mesquite smoked vegetables, rotisserie chicken and jalapeño jack cheese. Topped with a sour cream and salsa drizzle.
- SHRIMP COCKTAIL** 8.95
Chilled jumbo shrimp with cocktail sauce.
Served with a black bean, papaya and mango salad.

SANDWICHES & MORE

- FLORIDA GROUPER SANDWICH** 12.25
Grilled, breaded, blackened, or blackened Reuben style with swiss cheese and Thousand Island dressing, served with crispy fries.
- PHILLY CHEESE STEAK SANDWICH** 12.25
Steak, onions and green peppers grilled and served on a fresh bun,* topped with provolone cheese, served with crispy fries.
[Carb Conscious? We will be happy to serve without the bun & chips]
- GRILLED CHICKEN BLT SANDWICH** 12.25
Marinated chicken breast topped with bacon, cheddar cheese and a Dijon mustard-mayonnaise on a toasted bun,* served with crispy fries.
- CALIFORNIA CLUB** 11.50
Boars Head® turkey breast, applewood smoked bacon, vine ripened tomatoes, avocado, fried egg and mayonnaise on grilled multi-grain bread,* served with homemade potato chips.
- TURKEY REUBEN SANDWICH** 11.50
Grilled turkey, sauerkraut, swiss cheese and Russian dressing on grilled marble rye bread.* Served with our homemade potato chips.
- NAPA BURGER** 11.50
Charbroiled 8-oz burger topped with Maytag bleu cheese and applewood smoked bacon. Served with our homemade potato chips.
[Carb Conscious? We will be happy to serve without the bun & chips]
- PORTOBELLO SANDWICH** 11.00
Marinated in an aged Balsamic vinaigrette, grilled and served with sweet red onions, peppers and dill Havarti on seven grain bread.* Served with our homemade potato chips.
- CHICKEN CASHEW SALAD WRAP** 11.00
Rotisserie chicken with roasted cashews and green onions, served in a flour tortilla with golden pineapple.



12" CHEESE PIZZA 11.50
Additional Toppings 1.00 each
Pepperoni, sausage, green peppers, olives, onions, mushrooms

THE BOMB Tropiks' giant brownie sundae...6.25

Housemade fudge brownies, chocolate and vanilla Häagen Dazs ice cream, hot fudge, jimmies, chopped nuts, maraschino cherries and whipped cream ... **SHAKEN, NOT STIRRED!** (Serves 2-4)