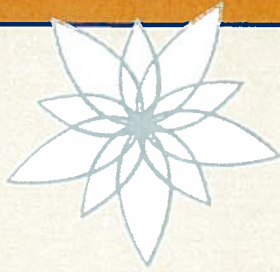




LUNCH MENU

(Menu items subject to change)



APPETIZERS & SOUPS

SOUP OF THE DAY

Prepared fresh daily.
Ask your server for today's selection 4.50

ONION SOUP GRATINÉ

Traditional style 5.50

CHIPOTLE-LIME CHICKEN QUESADILLA

Caramelized onion, jack cheese, cilantro,
mango salsa 10.95

PORTABELLA QUESADILLA

Sun-dried tomato tortilla, roasted peppers,
spinach, brie, garlic-herb spread 9.95

JUMBO SHRIMP COCKTAIL

Lemons, cocktail sauce, hot sauce 11.95

SALADS

GULF COAST COBB

Chopped Romaine, gulf crabmeat, bay shrimp,
black olives, crumbled bleu cheese, tomatoes, bacon,
avocado, house peppercorn dressing 14.50

CAESAR SALAD

Homemade croutons, pecorino cheese,
marinated tomatoes [carb conscious] 9.50
with grilled chicken 11.50
with grilled shrimp 13.00

SIRLOIN SALAD

Bibb lettuce, oven-dried tomatoes, garlic crostini,
balsamic bleu cheese dressing 15.95

FRIED CHICKEN SALAD

Yellow peppers, tomato, cucumber, onions,
cayenne buttermilk ranch dressing 14.95

GRILLED SALMON NICOISE

Grilled salmon, green beans, kalamata olives,
grape tomatoes, onion, potato, eggs, capers,
dijon red wine vinaigrette 14.95

HOUSE SALAD

Mixed garden greens, your choice of dressing 5.50

FRESH FRUIT PLATTER

Served with honey yogurt dressing 12.50
[low fat, low cholesterol]

*Low carb Dijon Mustard Dressing and Balsamic Vinaigrette
are available upon request*

SANDWICHES & MORE

*Served with pickle, coleslaw and
choice of fresh fruit, fries or homemade potato chips*

TROPIKS BURGER

Cheddar cheese, bacon, lettuce, tomato and onion 11.95

TURKEY BURGER

Seasoned charbroiled ground turkey [low fat] 11.95

FLORIDA GROUPER SANDWICH

Grilled, fried or blackened 12.95

TENDERLOIN SANDWICH

Wild mushrooms, caramelized onions, white cheddar,
horseradish, au jus 14.95

GRILLED CHICKEN CIABATTA

Pesto mayonnaise, tomato, arugula, fresh mozzarella 12.95

TROPIKS TURKEY BLT

Boars Head® turkey breast, bacon, lettuce,
vine ripened tomatoes, avocado, fried egg and
mayonnaise on grilled multi-grain bread 11.95

CLASSIC CLUB

Boars Head® turkey breast, bacon, lettuce, and
tomato, on sourdough bread 11.50

BLACK FOREST HAM AND SWISS

Melted Gruyere cheese, tomatoes, dijon mustard spread,
on grilled rustic bread, with a tomato jam 11.95

PORTABELLA SANDWICH

Roasted peppers, sun-dried tomato pesto, arugula,
grilled onions on ciabatta bread 11.50

DESSERTS

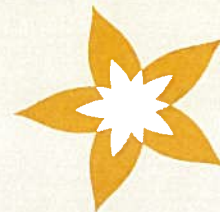
WHITE CHOCOLATE BREAD PUDDING 5.25

KEY LIME PIE 4.25

NEW CHOCOLATE PEANUT BUTTER CAKE 5.25

NEW YORK STYLE CHEESECAKE 5.25

HAAGEN DAZS ICE CREAM 4.25



For Special Dietary Needs, Please Ask Your Server

20% Gratuity will be added for parties of (8) or more